

# Rhythm Cup Explorations - Sample

Play the following rhythms with a plastic cup in your hand. Tap the table with the cup on the o's and lift and tap the top of the cup with the other hand on the x's. The second and fourth rhythm have a passing feature. In the last measure of these rhythms, place the cup in front of the next student on the third beat (do not slide it) and pick up the cup that is passed to you on the fourth beat, then repeat the rhythm.

*tap*

**4/4**

*table*

*PASS!*

**PICK UP**

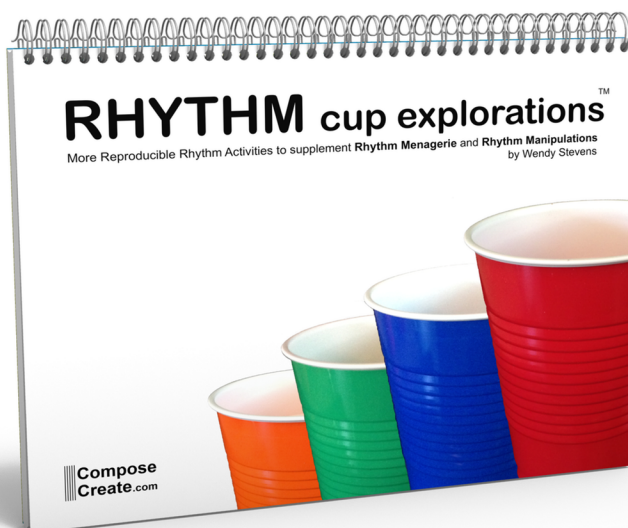
*tap*

**4/4**

*table*

*PASS!*

**PICK UP**



Dear Music Teacher,

This is a short sample from the popular Rhythm Cup Explorations!

This reproducible book is all the rage in music teaching and you'll find it connects with all ages of kids to help them learn and internalize rhythm. If you'd like to learn more, see samples, or order this reproducible (and super cheap) digital book or the accompaniment beats, please visit:

[www.ComposeCreate.com/store/rhythm-cup-explorations](http://www.ComposeCreate.com/store/rhythm-cup-explorations)