

Rhythm Cup Explorations Summer Challenge



1. Choose a colored cup and write your name on it:

- ★ **Blue** for Level 1
- ★ **Green** for Level 2
- ★ **Orange** for Level 3
- ★ **Red** for Level 4

2. Put 1 jellybean in your cup for each of the following challenges you conquer. You must be able to do it flawlessly!

- ✓ **Rhythm expert:** perform a rhythm while counting out loud with the metronome set at 60+
- ✓ **Dueling duets:** perform a rhythm while your teacher performs a different rhythm at the same time
- ✓ **Speed demon:** perform a rhythm with the metronome set at 120+
- ✓ **Groove master:** perform a rhythm while your teacher plays an accompaniment
- ✓ **Creative genius:** make up your own moves to a rhythm

Minimum requirements:

You must be able to perform each line while counting out loud with the metronome set at 60+ before moving on.

3. When you meet the **minimum requirements** for each level:

- ➡ take your jellybeans home
- ➡ choose another cup and begin the next level